



It's A **Green Thing** *Kids Edition*



Kids can learn through these hands-on activities and by involving them in acting sustainably as well! Here are 8 activities to try that help teach kids about sustainability:

Ride a bike! Biking is good for physical activity and a great way to learn about “green” commuting.

Recycle. Teach kids about the importance of recycling and reducing the amount of wastes we produce!

Plant a tree or garden. Planting a garden or a tree are great for the environment! Trees give off oxygen we need to breathe!

Reuse items for crafts. Instead of putting items into the recycling bin use those items for crafts instead!

Make homemade art and gifts. Have fun making homemade art projects and gifts like necklaces and cards for family members or to give to nursing homes.

Play outside! Turn off the electronics and go outside to develop an appreciation for the outdoors.

Read books about the earth. There are plenty of books about the Earth!

Turn off the lights when leaving a room. Teach them about energy conservation!

